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2014 03/19 milkies milk saver review

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I received milk savers to facilitate this review. this post may contain affiliate links. all opinions are my own and no compensation was received.



im quite lucky that im a stay at home mom, and therefore dont need to pump. i tried with toddler2.0 and im one of those women who just dont respond to a pump. i tried all times of day, different pumps, different flange sizes, pumping while feeding (which infuriated toddler2.0) and finally gave up unless i needed a few drops for a pink eye remedy or some other tiny amount. it would take a full day or two to get enough for him to drink a bottle. had i needed to go to work poor guy would have starved. pumping output is not an indicator of supply, however, and ive always had ample if not over supply. i said more than one time that i would probably do much better collecting milk for an emergency if i just sat an empty bottle at the breast i wasnt nursing from. obviously im not the only person to have this thought, and milkies milk savers were created!



the idea behind milk savers is you would wear them instead of a breast pad while nursing, and they collect the milk ejected from let down and nursing. breast milk is often referred to as liquid gold, and i never put much thought into how much, really, was absorbed by my breast pads until trying this product. come to find out each time i feed baby3.0 i leak at least and ounce of milk from the opposite side, sometimes more depending on the time of day/how long since last feeding. my manual pump is somewhere among the boxes from moving, but i wont ever use it after finding milk savers. instead of the pain and stress of trying to pump and yielding nothing, if there is ever something we have to go to like a wedding or even out to dinner in a few months, i can wear the milk savers for a day to get enough for a bottle in my absence!



the milk savers are reusable, so one box will last you! they come with a handy carrying case and stand to hold the full milk saver once you finish the feeding, until you easily pour the collected milk into a bottle or storage bag! they are as thin as my reusable nursing pads, and arent visible when being worn. there is another plus, as some shirts you can see the circular outline of my nursing pads! if you leak more, or just dont want to have to transfer from the milk savers to the storage bags, you can easily hook the milk savers up to any storage bag and skip a step in the process!



you can find [milk savers online](#) and at a variety of stores, as well on social media such as [facebook](#), [twitter](#), and [pinterest!](#)



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6 Comments

- Gina** Reply
Our baby isn't here yet, but the best tip I have heard is to keep pumping to keep your supply up.
03/19/2014 10:43 pm
- Kadie** Reply
My little one isn't here yet but I've nannied off and on for over 15 years and the one thing I've learned is you have to remember every child is different!
03/21/2014 2:58 pm
- laura roque** Reply
Don't give up. I was sleep deprived and my daughter had a milk allergy. I wish I had just supplemented and pumped a couple times a day because once I collected myself my milk supply was gone. Will not make same mistake with number 2 due June
03/25/2014 5:57 pm
- Jennifer** Reply
Best tip for any mom is to be sure to get some time for yourself every day. Even if it's only a few minutes.
03/28/2014 3:47 pm
- Amanda Temple** Reply
We didn't exclusively pump, but best advice is to keep with it. One day you wake up and it's easier!
03/28/2014 10:17 pm
- Michelle** Reply
My best to for a pumping mom is to only pump at time that are convenient so your breasts wont fill at that time everyday. Don't pump if it's not going to be a regular time! And when you pump, pump till empty...
03/31/2014 10:17 am

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