

# Mommyhood Sunnyside up

Sunday, March 29, 2015

## Milkies Milk Saver review

**Disclaimer:** I received the product mentioned in this post in exchange for my honest and thorough review. All opinions are my own.

This week I had the awesome opportunity to review Milkies' [Milk Saver](#) by Fairhaven Health.



Milk Saver's purpose is meant to do exactly what its name implies, to save breastmilk that comes from the non nursing breast while you feed baby on the other breast. It comes with its own carrying case which serves a double purpose as a stand for the Milk Saver. It is BPA and phthalates free and 100% safe container for your breastmilk.

### FuzziBunz Cloth Diapers

[Fuzzi Bunz](#)

### Blog Archive

▼ 2015 (12)

▶ April (1)

▼ March (11)

[What having daughters taught me about being Body P...](#)

[Milkies Milk Saver review](#)

[Hospitals need to provide more Breastfeeding frien...](#)

[Six breastfeeding strategies from 16 Minute Club](#)

[Avoiding becoming the unsolicited advisor](#)

[The value of a parent is not determined by whether...](#)

[Wow 3 kids?!!! That's it right?! As parents I thin...](#)

[Baby "Sip and See" Welcoming Party. With baby #3 ...](#)

[What no one warned me about having 3 kids](#)

[Moby wrap Review](#)

[Avent Day and Night disposable nursing pads review...](#)

▶ 2012 (1)

### About Me



**Mommy Brain**

When becoming a mom you think you have conquered all.

Somehow you feel stronger and after all the confusion you come out wiser. Three babies later am still waiting for the wiser part. But you take things one giggle at a time.

[View my complete profile](#)

When I received the Milk Saver I wasn't sure what to expect. But it was ready to use right away. Gave it a wash in warm soapy water and I was ready to see how much milk, if any, I would be able to save.

It can be easily placed inside your nursing tank or bra.



Here I am wearing the Milk Saver



I felt comfortable wearing it, you just slip it into the bra over the breast. Then I began feeding my 9 week old on the other side. I fed her for a good 30 minutes to give my self enough time to see what milk would be saved. I was expecting no more than a few drops.

When I took off the Milk Saver I was in absolute shock. I had leaked half an ounce of precious breastmilk into the Milk Saver. Half an ounce that would have been leaked straight into a breast pad.



The half ounce saved the first time I used the Milk Saver



Simply WOW. Of course we all have at certain times a heavy breast pad soaked in milk like when we first wake up, but leaking caused by the let down reflex never crossed my mind.

Over the next 4 days I was able to collect a total of 6 ounces by using the Milk Saver while breastfeeding. It takes me over a half an hour to pump 2 ounces. Saving 6 ounces by just wearing this while breastfeeding is amazing. Every drop of breastmilk is precious and moms work very hard to get each drop.

One of the days I wore the Milk Saver during a feeding right after we woke up. During that feeding I leaked 2 ounces. 2 ounces that thanks to the Milk Saver went into a milk storage bag instead of into my breast pad.





2 ounces saved by wearing the Milk Saver



Its easy to use and easy to clean. I feel it can hold a little over 2 ounces. It isn't totally invisible under clothes but it isn't poking out either. Most importantly it does what it says it does. It saves precious milk that would otherwise be leaked into a breast pad. I really love using this product and will continue to use it during feedings and pumping sessions.

**Check out the Milk Saver and other Milkie's products by going to their page [mymilkies.com](http://mymilkies.com)**

Posted by [Mommy Brain](#) at 9:26 PM

  Recommend this on Google

Labels: [Breastfeeding](#), [milk saver](#), [Milkies](#), [review](#)

**No comments:**

**Post a Comment**

---