

Naturally Cracked

Naturally Enjoying the Good Life

Take Care of your Boobies with Fairhaven Health Breastfeeding Products

May 19, 2015 by naturallycrackedmama@gmail.com · 2 Comments

Sharing is caring!



As most know I am a proud supporter of breastfeeding. I was lucky enough to be able to nurse my guy till just after his second birthday and if we are being honest I miss it. That special time we had truly helped us both stop and take a minute to slow down and enjoy each others company.

But in the end yes our relationship was great but when it comes to my poor nipples they took a beating needless to say. When we first started our nursing journey they HURT! Sure I expected some pain but I had no idea that they might crack and or bleed and yes sometimes develop blisters from my little Hoover. The more I read the more I realized that I needed to be a little more proactive and take care of my poor boobies so that they can be beautiful once again.

Fairhaven has been part of my care routine since I found them about a year ago. They over so many great products not just for boob care but for other areas like pregnancy. I was thrilled to be approached to check out two fabulous products and of course share it with all my wonderful readers.



First, we're going to talk about their **Milkies Softies Nursing Pads**! These pads are heavenly! So curious why I think they are so awesome?

Softies are exactly that SOFT! They absorb like no other pad I have tried and the best part they are reusable. I love when products are eco-friendly and work. These prevented leaks and kept me dry and prevented those embarrassing moments of wet spots on my shirt.

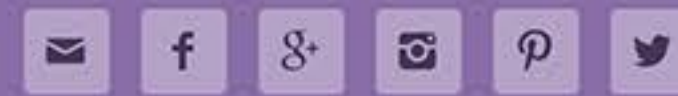


Next on the fabulous list is **Milkies Nipple Nurture Balm**! It's all-natural and lanolin-free containing no artificial color, preservatives, or animal products. This makes me a happy mama because it means not only is it safe for me but also baby too!

Like I mentioned above breastfeeding is a challenge and can cause some discomfort and pain and yes sometimes it can cause some to stop. I believe with the proper support and care products your breastfeeding journey can be a successful and rewarding one. The Nipple Balm helps alleviate the discomfort and works to soothe and heal those sore and cracked nipples.

So what are you waiting for? Head on over to **Fairhaven Health** and give those boobies some tender loving care:)

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