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FRIDAY, AUGUST 5, 2016

## World Breastfeeding Week...& A Review!



Breastfeeding has been one of the most exhausting, challenging and rewarding things that I have been able to do since becoming a mother. My breastfeeding journey has been going on now for 2 years and 28 days. We have overcome postpartum depression, a tongue and lip tie, mastitis, pumping at work, nursing through pregnancy, and now tandem nursing. As hard at it has been at times, I wouldn't take it back for the world. I have never been so proud of myself for sticking with anything in my whole life. I take great pride in the lifelong benefits that I am providing for my children (and even myself!)

I want to say Happy World Breastfeeding Week to all the momma's who have given breastfeeding a chance. Whether it was for one day, one month, one year or even more!



Hi! My name is Amanda. I am a 20-something blogger who is loving being a first time mom (with baby #2 on the way!). I am happily married and enjoy posting about baby products, product review, home decorations and DIY projects!



### POPULAR POSTS



**Wedding Planning!**  
I'd like to share some of the images of our wedding planning so far...just no pictures of the dress! ;-)

This is the ring that start...



As some of you may have read, I recently worked with Fairhaven Health to try out their [Sitting Pretty Soothing Spray](#) for postpartum pain and healing. They also let me work with them to try out two of their products for nursing moms! I got to try out the Milkie's Milk Saver! I have seen this thing everywhere. It's been on Pinterest, shown up on my Facebook feed, it's been posted in the breastfeeding groups I belong to...and I couldn't wait to try it!

Let me explain. It is a storage device that holds up to 2 ounces of "Liquid Gold" that would otherwise be wasted while you are nursing on the other side. You just slip it in your shirt over the nipple of the breast you are not going to be feeding on. (I recommend getting yourself situated for nursing first so that you don't knock the container loose while trying to get access to the breast you will be nursing on). If you are a mom who leaks a lot while nursing, this thing is going to be your best friend. I typically get anywhere from 1/2 ounce to a little over 1 ounce when I use this. If I have an extra hand, I find I get more out if I massage my breast while my letdown is happening. As a bonus, it saves your nursing pad from getting soaked so you can put it back in!

(Milkies Milk Saver is ON SALE NOW for \$27.95)



**Painted Nursery Dresser**  
Hi everyone!  
I am so excited about this post! I have been working on Aubrey's nursery and I had to share this dresser redo that I did th...



**My Bridal Shower 5/5/13**  
This past Sunday was my bridal shower. It was hosted by my mother, along with my maid of honor and bridesmaids. It was the most bea...



**Invitation & Utensil Holder HOW TO**  
I have gotten a ton of emails asking about my wedding invitations and utensil holders. I thought it would be easier to do a new post specifi...



**Belly Love**  
I wanted to post some of my belly growth pictures. I have been keeping my friend and family updated with Facebook and Instagram, but left ou...



**We're Expecting!**  
Steve and I are so happy to announce that we are expecting our first baby! We are due right around 4th of July and couldn't be happier!...



**Bump..Who's there?!**  
This was a week for stripes and embracing my bump! I am loving being pregnant and I know I am going to miss this. I feel so connect...



**Our Kittens!**  
w I forgot to post about our two little girls, but here it is! Before Steve and I settled on our home, we rescued two little kitt...



**Paint Dipped Wooden Spoon DIY**  
Well, I've done it! I have started DIY things for our home. We still have yet to get a settlement date, but I know we are getting close!...