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Review/Giveaway: Fairhaven Health Milkies Breastfeeding Aids



I want to start this review off with a little of my back story on one of the products first, I hope that sharing with you my journey could help you see the importance these products held for me in my breastfeeding journey.

I believe breastfeeding is one of the best things I can do for my little one. Even while I was still pregnant, I knew right away I would want to breastfeed with a goal of 1 year or more.

With my first child I gave up too soon, mostly because it hurt due to poor latching on my part and the lack of knowledge on items that could make it easier on me. As often happens with new moms, I just didn't have anyone to tell me what was available to help me out.

During this pregnancy, I received a collection of products for review from Fairhaven Health, and prepared for our daughter's birth by educating myself on how these products could help me make this time a more successful breastfeeding experience.



Since we have a small fridge, this container allowed me to be able to freeze the bags flat for easy use, and also to use the oldest milk first just in case I forgot to write on the bag the time and date. Which sadly has happened but with the Freeze it didn't matter much since its doubles as an organizer.

These tools work together to make the entire process go smoothly:

Simply milk into the bag, close and place onto the metal (which in my opinion helps it freeze faster as well as flat), place the bag on the top and pick from the bottom, warm and feed. I LOVE EASY STEPS!!!

Now, I do want to point out that though this is an awesome product, it's mainly for my husband's use since I breastfeed her, and he does the bottles when I need a kids-free outing.

And from his view all he has to do is pull one bag from the bottom, thaw and pour into bottle. Ladies, it even says on the cover of the Freeze which area to pull from! YES! That's two products that I don't have to repeat myself on how to use.