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Mil kies Milk-Saver Keeps No Milk From Going to Waste! #review #giveaway

OCTOBER 2, 2014 | BY: RACHEL | 1 COMMENT



I admit it. I make a lot of milk. As any nursing mom who has an abundant milk supply can tell you, the letdown when you are full can be a real mess. More than once I have leaked through the nursing pad, through the bra, and soaked my shirt. In fact, many women release as much as an ounce of milk during their letdowns — an ounce of milk that goes to waste, an ounce of milk that ends up ruining your shirt.

Any nursing mom knows how precious her breast milk is. Each drop of milk goes toward nourishing her baby, making him stronger, giving him antibodies, helping him grow. Whether you have an abundance of milk or are struggling to just produce enough, no mom wants to let any milk go to waste. Clearly, whoever came up with the phrase “No crying over spilled milk” was not breastfeeding.



Thankfully, for both me and my shirts, there is a great product that helps collect your leaking breast milk as you nurse. Mil kies Milk-Saver slips into your bra cup on your non-nursing side before you breastfeed. It then collects the milk that is leaked when your breast milk lets down. You can then store this milk for future use.



I know a lot of moms that use this because their milk supply is low and they don't want any milk to be wasted. Other moms, such as myself, use this product because they leak so much during letdown that they are tired of getting soaked. After you are done nursing, you can simply pour the collected milk into a storage bottle, wash the Milk-Saver, and then put the Milk-Saver back into its storage case. The case is slim and easy to slip in a diaper bag or pump bag so it will stay safe and clean for when you are on the go.

I am always very aware of whether the products I use for breastfeeding have any BPA, phthalates, or other chemicals in them. That is something I just don't want my son to be exposed to. Thankfully, the Milk-Saver has been rigorously tested to ensure zero chemical leaching and contain no BPA or phthalates.

So you want to try out Mil kies Milk-Saver for yourself? The Milk-Saver is available through the [Fairhaven Health website](#) and retails for \$27.95. Want to try it for free? One lucky reader will have the chance to win a Milk-Saver! Just enter through the form below! Good luck!



Hi I'm Rachel! I'm a stay at home mommy to two little boys. When I'm not changing diapers, I am writing about parenting, crafting, and life in general.



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