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IsoFresh Balancing Vaginal Gel

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A lot of time women focus on the health of their outside. Whether it's wanting to have softer hair, a cleaner face, or a smaller waist, but most people don't stop about think about the health of their insides. The funny thing is once you start to take care of your insides, your outside will get better. As a woman, the most underappreciated and probably the least taken care of part of my body is my area "below the belt". Just the rest of my body, that too can get out of whack. Not too long ago, I learned that our downstairs has good bacteria and has its own pH balance that needs to be taken care of.

We all have those moments where something seems off. Whether it's an unusual odor or maybe just a feeling that you don't feel as fresh as you normally do. That can be caused by your pH balance being off. And a lot of things can contribute to throwing off your pH balance such as menstruating, intercourse, and even factors such as exercise, aging or weight gain. Luckily, there are products available that help to balance everything out. IsoFresh Balancing Vaginal Gel is an isotonic and paraben-free vaginal gel that provides gentle odor control.



It's a safer alternative to douching, which has been proven to cause problems over time. The IsoFresh Balancing Vaginal Gel uses fresh ingredients from raspberry and clary sage to support self-cleaning and naturally balance your vaginal eco-system. The gel comes with two reusable applicators for easy mess-free application. It is recommended to use the gel every three days as needed and has been reported that it doesn't leak. Of course, if you're concerned about leakage, I would recommend using a liner or applying when you sleep. The Gel is Glycerol Free, Oil Free, and Hormone Free so there's no irritation.

I prefer to use the IsoFresh Balancing Applicator Gel after my monthly period for a sort of boost of freshness. I've had no problems with leakage but I prefer to use it at bedtime. There's no awkward burning or tingling like other vaginal health products I've used in the past. Honestly, when I use the gel, I chuckle to myself because it makes me think of the comparison of putting a mask on my face to upkeep my appearance. It's like mud mask for my nether regions. We girls got to take care of ourselves.

**For more information on where to n the IsoFresh Balancing Vaginal Gel
please follow this link:
FairHaven Health**