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Fertility, Pregnancy, and Nursing Products from Fairhaven Health Review

October 2, 2014 | Camille

My favorite pregnancy products from FAIRHAVEN HEALTH®

FERTILITY • PREGNANCY • NURSING

DreamBelly Butter: \$14.95



Belly Rest Pregnancy Pillow: \$39.95

Viva Veltoro



The topics of fertility, pregnancy, and nursing are huge with nearly any group of women I get together with. If babies are on the mind, my friends and I can't help but find nearly every conversation drift towards some aspect of these, ranging from "So how do I conceive a girl?", "How do I avoid stretch marks?", and "Is nursing always going to be this painful?". Those of us who have been around the block before are quick to answer with our favorite remedies and solutions and since Fairhaven Health provided me with a huge variety of their products at no cost to facilitate this review, I'm excited to share my opinion about some of these amazing things and recommend them to my friends and our readers!



Look at all these treasures! As you can see, here we have a variety of the pregnancy and nursing products. There are many more on the [Fairhaven Health](#) website, including natural fertility products like supplements, fertility yoga DVDs, ibasal thermometers, fertility tea, and ovulation test strips. I remember when we were first trying to conceive, and when we were unsuccessful for a number of months, feeling so helpless about the situation, but as soon as I started looking into products that might help, I felt completely empowered, optimistic, and hopeful again! I know many people have strong opinions about this matter, but if you are trying to conceive, and are feeling discouraged, trying some of these remedies and supplements instead of just leaving things up to chance might really help! I know that for me, putting faith into some new possible solution, whether it actually helped or not, gave me the hope and optimism to relax about the whole matter, and we quickly conceived shortly thereafter.



Ok, I saved the best for last. I am recommending this to EVERY pregnant woman I know! Introducing the Belly Rest Pregnancy Pillow! I know it looks small and you might be wondering if it is effective at all, but this little pillow is saving me hours and hours of sleep. Surely you've seen those HUGE pregnancy pillows that are the size of an adult and take up the entire bed. I, myself, have gotten by with my first two pregnancies with a full size pillow in front of me, a full-size body pillow behind me, and another between my legs, but still spend the night tossing and turning and waking up wondering if I slept at all. Until this Belly Rest Pregnancy Pillow arrived, my husband was (kindly) expressing how much space I was taking up, and I was hoping there was a better solution for both of us out there. This new pillow is making us both very happy.



It consists of two pieces that velcro together in the middle in an adjustable way that allows you to move the pillows closer and farther apart to get a customized fit as you and your baby grow. For some reason, the compact support in just exactly the space I need it, which is right under my belly and directly in the small of my back, provides the exact and appreciated support that I need.



The pillow is machine washable and each pillow is about 8.5" x 12". As you can see, there is a satin side and a cotton side, and sleeping with the satin side up makes it smooth and easy to rotate and flip at night, while the cotton stays secure on your sheets. Tip: wearing satin pajamas at night makes it even easier to slide around on the silk side of the pillow!



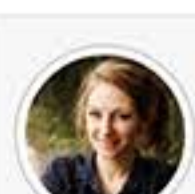
The support is so compact and so effective that I can eliminate a lot of superfluous pillow that used to fill our bed, and it doesn't have to be a fight for space every night. This pillow was one of the first things I packed when we took a big trip last month, and it turned out to be an excellent travel pillow as well! Because of its small size, it is easy to take along wherever you'll be sleeping over the course of your pregnancy, and I can't recommend it enough! If you are pregnant and having trouble sleeping, this pillow is well worth a try!!

Look forward to my review of the breastfeeding products in a few months after Baby Girl arrives and I have a chance to really try everything out. In the meantime, hit up [Fairhaven Health](#) and stock up on all these great products to aid in fertility, pregnancy, and nursing!

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Buy It: The Pregnancy Wheel and Ovulation Calendar is sold for \$6.95. The DreamBelly Butter is currently on sale for \$14.95 and the Belly Rest Pregnancy Pillow is sold for \$39.95.

Disclosure: I (Camille) received the Pregnancy Wheel and Ovulation Calendar, DreamBelly Butter, and Belly Rest Pregnancy Pillow at no cost to facilitate this review. All opinions are my own and may differ from yours.



About Camille

Camille has written 106 post in this blog. I'm an old-fashioned Boston seamstress in love with my hubby and boys! I hate the rain, love getting emails, and could live on ice cream. I am a former Home Ec teacher, a casual marathoner, and a thrill-seeker! [Shop](#) [Google+](#)

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